

## 7TH INTERNATIONAL SEMINAR SCHEDULE IN DETAIL

	TIME	A	B	C	D
<b>MARCH 27TH (FRIDAY)</b>	10:50-11:00	LINE UP (NOTICES FOR ATTENTION)			
RECEPTION 09:30-10:50	11:00-12:00	WARMING UP • KIHON / SHUSEKI SHIHAN MANABU MURAKAMI			
		BROWN BELT • SHO DAN • NI DAN	SAN DAN • YON DAN	GO DAN & ABOVE	
	12:10-13:00	JIYU IPPON KUMITE GHQ INSTRUCTOR FUMITOSHI KANAZAWA	OKURI JIYU IPPON KUMITE GHQ INSTRUCTOR DAIZO KANAZAWA	KAESHI IPPON KUMITE KANCHO NOBUAKI KANAZAWA	
	PAUSE	BROWN BELT SHO DAN NI DAN	SAN DAN & UP ARE SELF CHOICE		
	14:00-15:00	BASSAI DAI • KANKU DAI GHQ INSTRUCTOR SHINJI TANAKA	KANKU SHOU KANCHO NOBUAKI KANAZAWA	TEKKI NI DAN • SAN DAN SHUSEKI SHIHAN MANABU MURAKAMI	
	15:10-16:00	JIIN KANCHO NOBUAKI KANAZAWA	MEIKYO GHQ INSTRUCTOR RYUSHO SUZUKI	BASSAI SHO GHQ INSTRUCTOR FUMITOSHI KANAZAWA	
REFEREE SESSION	16:30-18:00	CHIEF REFEREE EIKICHI SAITO			
<b>MARCH 28TH (SATURDAY)</b>	09:30-09:45	WARMING UP			
RECEPTION 9:00-9:30		BROWN BELT • SHO DAN	NI DAN • SAN DAN	YON DAN • GO DAN	ROKU DAN & UP
	09:50-10:50	SHIHAN RIKUTA KOGA	SHIHAN AKIO NAGAI	SHIHAN MASARU MIURA	SHIHAN HIROSHI ISHIKAWA
	11:00-12:00	SHIHAN HIROSHI ISHIKAWA	SHIHAN RIKUTA KOGA	SHIHAN AKIO NAGAI	三浦 勝 師 範
PHOTO BY ALL	12:00-12:30	PHOTO BY ALL			
AOYAMA FUNERAL HALL	15:30-18:30	SOKE HIROKAZU KANAZAWA FAREWELL CEREMONY			
<b>MARCH 31ST (SUNDAY)</b>	9:30-10:15	JOINT TRAINING SESSION WITH OTA CITY RESIDENTS / KANCHO NOBUAKI KANAZAWA			
RECEPTION 9:00-9:30	10:30-10:45	WARMING UP			
		BROWN BELT • SHO DAN • NI DAN	SAN DAN & UP	WOMEN'S CLASS	REINFORCE EXERCISE (DESIABLE)
	10:50-11:50	GHQ INSTRUCTOR FUMITOSHI KANAZAWA	GHQ INSTRUCTOR SHINJI TANAKA	KATA BASIC AND APPLICATION GHQ INSTRUCTOR RYUSHO SUZUKI	KIHON SHUSEKI SHIHAN MANABU MURAKAMI
	12:00-13:00	GHQ INSTRUCTOR RYUSHO SUZUKI	GHQ INSTRUCTOR DAIZO KANAZAWA	HANGETSU • APPLICATION KUMITE GHQ INSTRUCTOR SHINJI TANAKA	KUMITE KANCHO NOBUAKI KANAZAWA
DAN PROMOTION EXAM.	13:30-15:30	KANCHO NOBUAKI KANAZAWA • SHUSEKI SHIHAN MANABU MURAKAMI			